

This service is provided by

Mind in Brighton and Hove

Mind in Brighton & Hove
Advocacy Service for
Older People

How to Contact Us

Address: 51 New England Street,
Brighton BN1 4GQ

Tel: 01273 66 69 56

Email: info@mindcharity.co.uk

www: mindcharity.co.uk

Everyone is welcome to use our services, regardless of race, cultural background, sexual orientation, age, gender and religious belief.

This leaflet is available in different formats on request. Interpreters can be arranged.

We are committed to providing the best possible service. Comments and feedback are welcome.

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information
confidential
choices
impartial
representation
rights



For better Mental Health

support
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About our service

- It can sometimes be hard to find out about services and treatment or to raise concerns about your mental health.
- We offer an advocacy service to people over the age of 65 suffering from all mental health problems, including dementia.
- We can meet with you at our offices, in hospital, a residential or nursing home or in your own home.
- Our service is free, confidential and independent of health and social services.

What is advocacy?

- **Helping you** understand your options
- **Supporting you** in meetings and at assessments
- **Providing you with information** about local services and treatments
- Helping you to **ask questions and give your views** to other professionals and services
- Making sure you **know your rights**
- Helping you **challenge decisions** about your treatment and care
- **Writing letters** on your behalf

Call 01273 66 69 56

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