



OUT of the BLUE

If you are Lesbian, Gay, Bisexual or Transgender and have suicidal thoughts or feelings

OUT of the BLUE is a weekly, facilitated peer support group for LGBT people to meet together, in a safe and supportive environment to speak about their feelings and experiences of suicide

The group runs every Thursday between 12.30 and 2.00pm at The Allen Centre
60 Sackville Gardens, Hove BN3 4GH

To find out more about the group or if you would like to attend:

Please contact Jason on 01273 722 550