



Recovery alongside social isolation:

Research into the mental health impacts of COVID-19 for young people

We are currently inviting people to take part in a study about their experiences of the COVID-19 pandemic

Who can take part?

We are inviting people aged **16 - 35** years old who:

- Are currently accessing support from mental health, well-being, social care or voluntary sector services

And / Or

- Have been involved with other research projects and given their permission to be contacted about further research studies

What would it involve?

Taking part would involve completing a **survey** or an **interview** (*or both*)

We will also be inviting people to complete the **same survey/ interview once more** in the future

For taking part in the survey there is the opportunity to be entered into a **prize draw** to win **£25** in vouchers

We will offer **£5 in vouchers** for taking part in the interview

Contact us...

If you have any questions about the study, please contact the research team using the details below:

discovery@sussexpartnership.nhs.uk

Need more information or want to take part?

https://universityofsussex.eu.qualtrics.com/jfe/form/SV_a9skoHqwopC5n25

